



Event Overview

Nourish your soul and body

Fundamental in Jewish Mysticism is the elevation of the body, taking the enjoyable but mundane aspects of life and lifting them to a higher spiritual plane.

Introducing the European Jewish Retreat – a weekend of nourishment, relaxation and Jewish study for both soul and body.

A weekend of pure luxury and true inspiration. Lose yourself in the sumptuous surroundings of the Regina Palace Hotel, on the Maggiore Lake, in Stresa, Italy. Indulge in the gourmet kosher food, and delight in the soul-stirring music. Be stimulated by world renowned speakers, who will enlighten you, teach you and inspire you like never before. Taste the depths of Torah's wisdom, and renew your commitment to Judaism.



Stresa, Italy

With its first recorded mention in documents dating back to 988, Stresa is a town situated in the western side of Lake Maggiore, and a highly-acclaimed tourist destination. Once a favorite destination for Europe's rich and famous, beautiful villas and acclaimed hotels were built for their enjoyment. Today, those establishments echo the Stresa of times bygone.

With its lovely gardens and well-kept paths, the palm trees surrounding many of Stresa's estates contrast beautifully with the evergreen forests covering the mountains behind.

The province consists of three islands: Isola dei Pesactori, Isola Madre, and the famous Isola Bella, so named for Isabella, the wife of the Count Carlo Borromeo, who built palaces and gardens in her honour.

Stresa features the Funivia – a cable car ride that takes visitors up to the Gardens, and then further, to the summit of Monterone. The awesome ride takes one up nearly 1500 meters, and offers breathtaking views of Lake Maggiore and its surroundings.

There are also many trails that pass some of the quaint villages situated on the lower part of the mountain, and lead up to the summit.

The beauty all around, the perfect climate, and the unique character of the town all make Stresa an ideal location for a luxurious getaway.



The Regina Palace

On the 27th of June 1908, the Regina Palace Hotel first opened its doors. Architect Giuseppe Pagani designed the exterior and interior décor in pure art nouveau style: luxurious furnishings, crystal chandeliers, precious fabrics and frescoes all made the Regina Palace Hotel an exclusive place to stay.

The Hotel has 170 rooms and 7 suites. Rooms are decorated with four-poster beds, antique furniture and light fixtures, and precious fabrics. They are also supplied with safes, tv, radio and air conditioning. All bathrooms feature whirlpool baths.

The Regina Palace has outdoor tennis and

squash courts, an outdoor heated pool, brand new indoor pool and a Fitness room with a whirlpool and equipment for gentle exercise. The Hotel also has HiPort internet access.

Over the years, the Regina
Palace Hotel has hosted
important institutional
events, such as the 1984
NATO Convention, the 2003
EcoFin attended by Europe's finance
ministers, and many other significant
vents.

The careful attention to detail makes the hotel the perfect place for this inspiring event, ensuring a relaxed atmosphere in the most prestigious location.



Programme Highlights

The programme offers an opportunity to explore, think, and feel Judaism in the most stimulating way; an opportunity for expression and insight into Torah, Talmud and Kabbalah.

Lectures will include the following topics:

- Jewish Identity in Europe
- © Jewish Marriage: Fable and Fact
- Parenting the Jewish Secret
- Prayer and Jewish Music
- Israel: Yesterday, Today and Tomorrow
- © Competition in Business: the Jewish Perspective
- © Principles of Talmudic Law
- © Faith the Ultimate Challenge
- Jewish Song and Its Meaning







Our Speakers

Our weekend retreat will offer discussions and classes presented by an impressive lineup of international speakers, ready to stimulate your Jewish mind and soul.

RABBI ISRAEL MEIR LAU

Rabbi Israel Meir Lau was born to a renowned rabbinical family in Poland in 1937. He tragically lost his parents during the Holocaust and, as the youngest survivor of the Buchenwald concentration camp, immigrated to Israel at the tender age of eight,

He acquired his religious education at Yeshivas "Kol Torah" in Jerusalem, "Knesset Hizkiya" in Zichron Ya'akov and "Ponevezh Yeshiya" in Bnei Brak. He was ordained a rabbi in 1960 and served in many positions since, including the rabbi of the "Or Torah" synagogue, "Tiferet Zvi" synagogue, and rabbi of Northern Tel Aviv. He was later elected as the Chief Rabbi of Netanya, where he established the yeshiva "Ohel Moshe", named after his father. In 1983 Rabbi Lau was elected as a member of the Rabbinical Council of Israel, where he was the youngest of its members. In 1988 he was elected to serve as Chief Rabbi of Tel Aviv – Yafo, a role he continued in 2005.

In 1993 Rabbi Lau was appointed Chief Rabbi of the State of Israel,

serving in this tenure for ten years.

During the years, Rabbi Lau continued teaching religious studies in high schools, building his reputation as propagator of Judaism to Jews of all walks of life. Rabbi Israel Meir Lau wrote six books. His best-seller "Do Not Raise Your Hand Against the Boy". released on the 60th anniversary of Buchenwald's liberation, is a memoir of his experiences in the Holocaust, his education in Israel and the effect of his childhood memories on his path as a rabbi and leader. During the same year (2005). Rabbi Lau received the prestigious Israel Prize for lifetime contributions.



RABBI YOSSY GOLDMAN

Rabbi Yossy Goldman is president of the South African Rabbinical Association, and member of the Board of The Torah Academy. Since 1986, he has been the Senior Minister of Johannesburg's largest Jewish congregation, Sydenham Highlands North Synagogue.

Broadcasting Panel of the SABC and often represents the Jewish faith on radio and television.

Rabbi Goldman's synagogue sermons are considered among the finest in the Jewish world, and have even been translated into other languages. He is in great demand as a Rabbi Goldman served as a member of the Religious public speaker in South Africa and around the world.



MRS. ROCHEL GOLDMAN

Rochel is Founder and Chairperson of "Women of the World." a highly successful organisation which inspires Jewish women to promote Education and create a more positive South Africa. She often lectures to Jewish women's groups. As the proud mother of 11 children and 9 grandchildren, juggling her many tasks as ably as she does has made Rochel an inspirational role model for every young woman who has made her acquaintance. Since 1986, she has assisted her husband, Rabbi Yossy Goldman, in leading the Sydenham Highlands North Synagogue.



PROFESSOR YEHOSHUA LIEBERMANN

Professor Yehoshua Liebermann is a graduate of Yeshiva 'Kol Torah' in Jerusalem. He has a B.A. in economics and political science, M.A. in economics, both of Bar-llan University, and Ph.D. in business administration from the University of Chicago. He served on the faculty at Bar-llan University, and as a visiting faculty member at Illinois Institute of Technology

in Chicago, University of Washington in Seattle, and Baruch College, City University of New York. He has published scientific articles, and several books in marketing and Jewish studies. He is also a consultant to business organizations. He now serves as Dean of the Graduate and Undergraduate School of Business Administration in Netanya, Israel.



RABBI YITZCHAK SCHOCHET

Rabbi Yitzchak Schochet assumed the position as rabbi of the Mill Hill Synagogue in 1993; his vibrancy has resulted in a continuous growth of membership, now in excess of 1200 members. He served as Diary Rabbi to the Guardian Newspaper and also writes for the Jewish Chronicle. He has

featured in The London Times as well as Time Magazine International, Rabbi Schochet can often be heard on LBC and BBC Radio: and has featured on BBC, ITV and CNN television. He also writes a very popular and widely read weekly column in the Jewish News.



Entertainment

AVRAHAM FRIED

Avraham Fried has been inspiring audiences for the last 28 years with uplifting Chassidic music. Acclaimed the world over as the most dynamic Chasidic singer. Avraham has performed around the world bringing the message of hope and joy to young and old. He has recorded more than 25

albums. "No Jew Will Be Left Behind" was Avraham's first collection, and was released in 1980. His latest CD, "Father Don't Crv", was released in 2006, Avraham and family live in Crown Heights, Brooklyn, NY.



RABBI LEVI GARELIK

Rabbi Levi Yitzchok Garelik was born and raised in Italy, and travelled to the US to study in various Yeshivos (Pittsburg, Morristown, New Haven and Brooklyn). He received his Rabbinic ordination of Yore and Yadin by Haray Pikarsky at the Central Lubavitch Yeshiva. He lectures extensively in

Israel, the USA and Europe, served as a Rabbinic Coordinator of OK Kosher for many years and later joined the staff of the RCE (Rabbinical Center of Europe) in Brussels. He and his wife. Chana, have nine children, and he spends his time between the USA and Europe.

Fine Dining Whilst nourishing the soul, treat the body with a tantalizing selection of gourmet Kosher Food will be catered by Convivium Banqueting, one of Europe's leading Kosher gourmet caterers. The menu features traditional and graceful food, prepared from the freshest ingredients available. A full Traditional Shabbat meal, including wines, and a buffet lunch will be provided.

Children's Programme

Our retreat will include an exciting children's programme, for boys and girls aged 6 to 12.

The programme will be led by Morasha, a leading Jewish European Youth Organisation, providing interactive and engaging activities and sessions, exposing the children to their rich heritage.

The children's programme will include a children's study programme to share the intellectual pleasure of this retreat.





Prices and Registration

Cost

The cost for the weekend retreat, including hotel, programme, and all meals are as follows:

Description	Prices
Adult in double room (per person)	650€
Adult in single room	850€
Children over age 2 in parents' room*	240€ per child
Children in double room	450€ per child
Infants under 2 in parents' room	75€
Suites and junior suites are available	Call for price

^{*}up to three people per room

FLIGHT & TRANSFER INFORMATION

Stresa is located just 35 kilometers from Malpensa International Airport in Milan, Italy. Stresa is also within driving distance from Linate Airport in Milan, and Orio al Serio Airport in Bergamo, Italy.

To arrange for transfer, taxi, or flight schedules, please call our office.

REGISTRATION

For more information and for registration please visit us on the web at

www.JewishRetreat.eu

or call us at +32 2 233 1854

or email us at info@jewishretreat.eu



